



Membership and Services Information



TheCoeliacSociety

of Western Australia, Inc.

Why you should join

The Coeliac Society of Western Australia, Inc (CSWA) is a not-for-profit organisation that provides education, services and support regarding coeliac disease and a gluten free lifestyle. We do this by providing information and support to members as well as raising awareness in the community.

New members receive a Great Start resource pack which provides information required to live gluten free.

This includes:

- Handbook on coeliac disease
- Ingredient List for reading labels
- Recipe book
- Information on gluten free foods and “friendly” cafés and restaurants in Western Australia

As a member you will also receive:

- The Australian Coeliac, the quarterly magazine distributed nationally
- The Silly Yak Chat, the quarterly member newsletter of the CSWA
- Access to free telephone advice, including information on food, eating out and travel
- Access to education sessions

Membership is available by:

1. Completing the application form
2. Obtaining confirmation of diagnosis from your medical practitioner
3. Paying the relevant fee

All funds are directed to improving the lives of people with Coeliac Disease.

Resources & Services

The following resources and services are available to members. For bookings or for further information please call (08) 9451 9255 during office hours.

Educational Resources

Our resource room includes a display of gluten free food, recipe books and other publications. As a member of the society you are able to purchase publications. A resource list is provided with the membership pack.

Education Sessions

The CSWA runs a series of education sessions including:

“Great Start” Workshop:

This workshop aims to improve your confidence and develop the skills needed to live life gluten free. Includes information on label reading and eating out.

Supermarket Tour:

Increase the variety of foods in your shopping basket! Supermarket tours are hands on and allow you to put into practice your label reading skills to choose gluten free.

Label Reading:

For those diagnosed with coeliac disease choosing foods suitable for a gluten free diet can seem daunting. Food regulations give specific guidance on labelling. These regulations are explained in terms that can be easily understood thus giving simple rules and guidance in making informed choices.

The recognised leader in improving the lives of people with Coeliac Disease.



The Coeliac Society of Western Australia, Inc.

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