

Coming Events

We hope that you are now embracing your new gluten free lifestyle. As part of our service, The Coeliac Society of Western Australia (CSWA) provides you with opportunities to improve your knowledge of Coeliac disease and gluten free living. These events are coming up in the near future:

6 th February	Dietetic Appointments	CSWA Office Bentley	10am - 3.30pm
8 th February	Label Reading Workshop	CSWA Office Bentley	10.30am - 12noon
18 th February	Supermarket Tour	IGA Wembley	9.30am - 11am
18 th February	Dietetic Appointments	CSWA Office Bentley	10am - 1pm
25 th February	Dietetic Appointment	CSWA Office Bentley	10am - 1pm
26 th February	Coeliac Friends	Joe's Oriental Diner	7pm
4 th March	Dietetic Appointment	CSWA Office Bentley	10am - 1pm
13th - 14th March	EXPO	Perth Convention Ctr	10am - 4pm
24 th March	Supermarket Tour	Woolworths, Success	9.30am
25 th March	Dietetic Appointment	CSWA Office Bentley	10am - 1pm

Great Start Workshop

This workshop is designed for new members and aims to improve your confidence and develop the skills needed to live life gluten free. **Cost: \$15.00 per member**

Label Reading Workshop

This free workshop is held at The CSWA Office, Unit 9B, 4 Queen Street, Bentley and will clear up all your questions you have on labels and how to interpret them.

Supermarket Tour

These tours are held in different locations & stores. Has your trip to the supermarket been a nightmare? Take a tour through the supermarket and learn how to identify gluten free products by ingredient. **Cost: \$15.00 per member**

Dietetic Appointments

Michelle Sladden is an Accredited Practising Dietitian with 10 years experience. She has Coeliac disease herself and has been following the gluten free diet for the last 20 years. Appointments with Michelle are available at our Bentley office. Phone appointments are also available for regional Members. Fees are payable on booking, contact your health provider for rebates.

Coeliac Friends Social Group

You are invited to join this group, bring your partner, friends and family members for a no hassle relaxing night out.

Events are also a great way to meet others and share tips and gluten free secrets.

RSVP to these events is essential; please contact The CSWA office on (08) 9451 9255 to register. Payment is required prior to each workshop. For your convenience, EFTPOS is available by calling the office Monday - Thursday between 10am & 4pm.